



# SAUER MEIL 2025

## RACE INFORMATION

### REGISTRATION

16€

until 27 August 23:59 via [sauerbeen.lu](https://sauerbeen.lu)

### ...LATE REGISTRATION

20€

on 31.08.2025 until 10:30

### DATE

**31.08.2025**

### LOCATION

**Parc Municipal de Diekirch**  
Avenue de la Gare  
9234 Diekirch

### HOW TO GET YOUR BIB NUMBER:



Go to the Site Location  
There's a tent with late registrations  
& bib number pick-up (9:00 - 10:30)  
Be there at 10:30 at latest!

**RACE COURSE : 1 MILE = 1.609m**



### TIMETABLE

9:00	Bib Pickup
10:30	Mile Heats
12:00	Lunch break & Entertainment
12:30	Children's Race (< 12 years old)
13:30	Women's Mile Final
13:45	Men's Mile Final
14:00	Podium Celebration

### SITE ENTERTAINMENT

**SHOE TESTING** by **ASPORT**



**HAIR STYLING** by **VAN DER GOOT**  
**HAIR STUDIO**



**FITNESS CHALLENGES** by **YUCCA FITNESS**



**MUSIC** by **DJ HUV**



**BOUNCY CASTLE** for the children by **FELLENS**



**FOOD** **BBQ, Vegetarian sandwiches**  
**& Waffles**



**DRINKS** **Beer, ORTEA, Softdrinks,**  
**Water, etc.**

